



NGO GENESIS & ICPI
ERASMUS+ PROJECT



INCLUSION FOR EMPOWERMENT

2 stage project



ABOUT THE PROJECT

"Inclusion for empowerment" is a two stage Erasmus+ project aims at creating a more active, empathic and truly inclusive society by using methods of personal development, outdoors education and inclusive learning.

The project will consist of two stages - two training courses:

First stage of the project will take place in Czech Republic from 9.1.2023 to 16.1.2023 and will focus on the personal development and the practical aspects of inclusion.

The second stage of the project will take place in Georgia from 18.3.2023 to 25.3.2023 and will focus on personal development and aspects of supporting young people in local communities as well as introducing outdoor education tools to be implemented in mixed ability groups.

The focus of the both stages of the project is to involve youth workers with special needs - visual impairments, especially the newcomers to youth work.

1st stage: Czech Republic 9.1.2023 - 16.1.2023

2nd stage: Georgia 18.3.2023 - 25.3.2023

OBJECTIVES

The project aimed at creating a more active, empathic and truly inclusive society by using methods of personal development, outdoors education and inclusive learning. A strong focus in the project is set on making all the participants become aware of their own leadership potential in implementing activities in mixed ability group setting. In particular the project aims to assist youth with visual impairments to gain the necessary self-trust to become more independent, expressive and active members of society and to take on leadership roles also in mixed ability group environments.

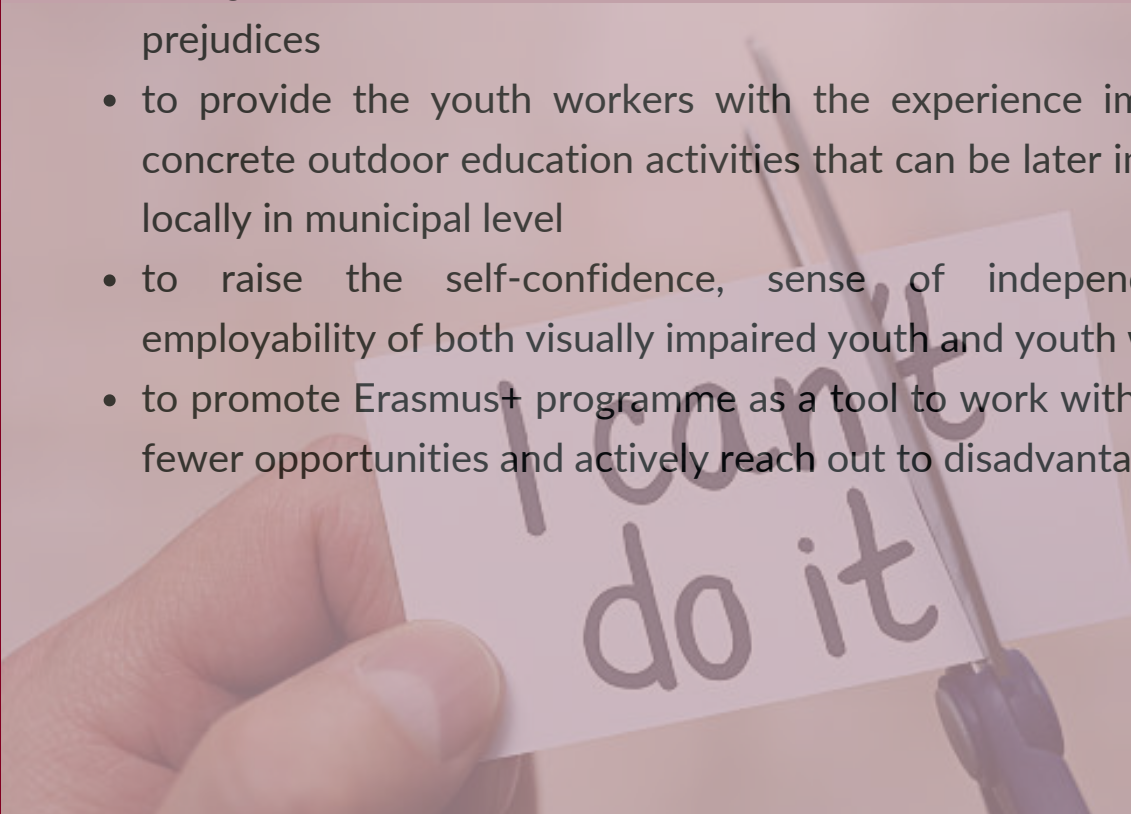
Project also aims to equip the youth workers with no or limited previous experience of inclusive youth work with the necessary skills and awareness to become better support system for youth with visual impairments in their local communities. Through experience sharing, working on participants' own inner challenges and planning and executing activities in a group setting, we aim to help the participants gain a positive experience of international youth projects and the confidence to become multipliers in promotion of inclusive learning.

Youth workers that would like to become more involved in the work with this target group will have an opportunity to develop their skills and this project can provide a stepping stone to become more empathic, supportive and sensitive youth workers, to better assess the needs of the youth with visual impairment, how to provide support in a manner that is not overbearing, and learn how to implement inclusive learning activities planned together with the young people with visual impairments.

OBJECTIVES

The goals of the project are:

- to stimulate the self-development process of the participants
- to help participants become aware of their own leadership potential in implementing youth work activities in mixed ability group setting and foster sense of initiative
- to improve the participants' communication skills, helping them to feel heard, understood and supported
- to promote inclusive learning and equal participation in youth work
- to decrease the conscious and unconscious disabilism in the youth work in municipal activities through developing the skills of teamwork in mixed-ability groups to get intercultural experience by meeting with the representatives of different countries, cultures, backgrounds, practice tolerance and break stereotypes and prejudices
- to provide the youth workers with the experience implementing concrete outdoor education activities that can be later implemented locally in municipal level
- to raise the self-confidence, sense of independence and employability of both visually impaired youth and youth workers
- to promote Erasmus+ programme as a tool to work with youth with fewer opportunities and actively reach out to disadvantaged groups.



ACTIVITIES

The project activities are in line with the Erasmus+ programme priorities reaching out to marginalized young people, promotion of diversity, inclusion and respect for human rights.

Our activities will also provide guidance while creating new games. Interactive workshops, experimantal learning and learning by doing methods will guide participants through the project.

The results of the project will have an impact on participants in the way that they will be able to become aware of their own leadership potential in implementing activities. Project will equip the youth workers to become better support system for youth with visual impairments in their local communities. Through experience sharing, working on participants' own inner challenges and planning and executing activities in a group setting. The project aim to help the participants gain a positive experience of international youth projects and the confidence to become multipliers in promotion of inclusive learning.

Another result will be developing new activities that will be used by the participants in their home countries or organisations. Through these activities, they will be able to share peer to peer what they have learned during the training with other people from their communities.



ACCOMODATION

1st stage

The 1st stage of the project will take place in the Czech Republic in Conference center Immanuel.
<https://immanuel.cz/cz>

Where we will have an opportunity to explore the real Czech beauty and also you will have a perfect space for the learning process.

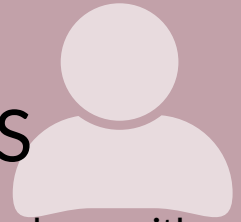
The 2nd stage of the project will take place in Georgia.

We will have an opportunity to explore the real Georgian natural beauty and also you will have a perfect space for the learning process.

2nd stage



PROFILE OF PARTICIPANTS



For this project, we are especially focusing on the youth workers with visual impairments, however we are willing to accommodate the participants if in addition to visual impairment they have other types of impairments or disabilities as well. Each of this participant will be fully involved in each activity. Active participating, sharing experiences and peer to peer learning will be highly promoted and supported.

We would like to invite people **interested in this topics** with a communicative level of English. We are especially looking forward to participant that have the intention to work with youngsters and create projects in their countries or are already working with young people.

Welcomed are people between 18-30 years old (youth workers, educators, youngsters), and a certain number of team leaders per country (viz the table below). A team leader will be providing instructions to his national team and will give the organizing organization feedbacks from the participants.

NUMBER OF PARTICIPANTS

country	number of participants
Czech Republic	6
Georgia	6
Italy	6
Azerbaijan	6
Latvia	6



TRAVEL INFORMATION



Czech Republic	150,00 EUR
Georgia	330,00 EUR
Italy	245,00 EUR
Azerbaijan	330,00 EUR
Latvia	245,00 EUR

**PLEASE REMEMBER, ONLY THE MOST ECONOMICAL
TRANSPORTATION WILL BE REIMBURSED.**

30 EUR will be used for the local transportation in the Czech Republic. Accommodation, food and transportation will be fully covered with the support of Erasmus+.

The travel costs will be reimbursed for the cheapest and direct way of transport and only under the condition that the participant will take part in the whole project. The travel costs will be reimbursed according to amounts stated in the chart.

It is necessary for the participants to have **travel health insurance** (this is not covered by the project).

You can take 2 extra days before or after the project.





TRAVEL INFORMATION



You can take 2 extra day before or after the project. However, we would like to ask you to look for flights that will be **arriving no later than** on January 9 at 1pm. And returning flights that will be **not before** January 16 at 2pm.

TRAVEL TIPS

Plan your trip well and choose the best means of transportation. Especially short distance can often covered by a bus or a train and flights can be avoided. Travel light, take only as much as you really need.




REMEMBER to send us a proposal of your tickets before buying them. It is necessary that we will approve them first.

Keep invoices of the purchases and boarding passes or tickets so we could reimburse them for you.



REIMBURSEMENT



-  Don't buy anything without Genesis approval only the most economical and direct way of travel will be reimbursed.
-  Presence during whole project is obligatory for reimbursement.
-  Collect and keep all invoices, tickets, and boarding passes to be eligible for reimbursement.



PLEASE, KEEP ALL THE INVOICES, BOARDING PASSES, TICKETS, ETC. IN ORIGINAL FORM IN ORDER TO BE ELIGIBLE FOR THE REIMBURSEMENT OF YOUR TRAVEL EXPENSES.

We will reimburse your costs via bank transfer.

Keep your travel documents in e-version if possible that can be easily sent by email, please.

Let's be eco-friendly together!

HOW TO APPLY



In order to apply, we ask you to send us a **short video** where you will answer 2 questions viz below and fill an **online form**.

What

Each organization can nominate number of participants to the selection process. The final number of the selected participants per country will be confirmed by Genesis.

DEADLINE

For filling application form: **25.11.2022**

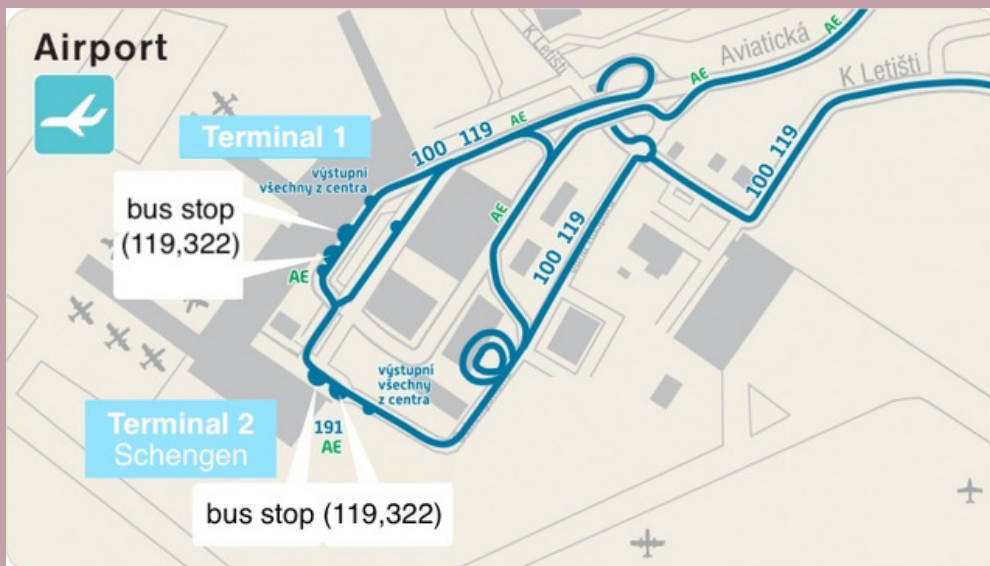
For purchasing tickets: **5.12.2022**

**DON'T PURCHASE ANY TICKETS WITHOUT OUR APPROVAL,
PLEASE !!!**

Questions:

- 1.What does "empowerment" mean to you?
2. What's the cost of keeping things as they are?
- 3.If you knew you would succeed, what would you do?
- 4.Who do you want to be and what experiences do you want to create?
- 5.What can you be the best at in the world?
- 6.What do you need to be successful?

MEETING POINT AND TIME



The meeting point will be next to the bus stop and entrance to the Metro at Nádraží Veleslavín on **January 9, 2023** at **6pm**.

Participants who will be landing at the Václav Havel Airport Prague (Letiště Václava Havla Praha) can take bus at the bus stop in from of terminal 1 or terminal 2 that will go directly to Nádraží Veleslavín. Buses going from the airport to Nádraží Veleslavín are number **119** and **322**.

meeting point



PARTNER ORGANIZATIONS



NGO GENESIS

Genesis is Czech non-governmental organization with a long tradition and simple philosophy.

TO KNOW IS TO GROW.

Genesis provides individual and group training. At Genesis, we support all efforts to learn because the more we experience, the better off we all become.

Our goal is to help individuals and companies to receive training that is not only great but also socially responsible.

We believe that innovation in education helps employees, employers, and society as a whole to sustainably grow and develop.

ICPI is a Georgian not-for-profit non-governmental organization with a mission to provide the platform for the development of self-aware, progressive and engaged youth in civil society.

We encourage personal growth, innovation and positive change through critical thinking, intercultural understanding, support for new initiatives and collaboration.

The team of ICPI promotes democratic values, peace-building and social entrepreneurship for a more sustainable society.

We believe in the power of education as a means to plant the seeds of change in attitude and action.

ICPI

International Center for
Peace and Integration



INTERNATIONAL EVENINGS

Each team will be presenting their country. You can think of a challenge representing your country or prepare a quiz for participants from other countries. You can introduce songs, dances, games, explain traditions, prepare performances or competitions.

We ask you to avoid promotion videos or formal presentations. Be creative!

There will be time to try traditional food and drinks after the presentation so the presentation doesn't have to be too long (it should not exceed 30 minutes).

Please, bring some typical snacks, candies, chocolate, cheese, and any other kind of food.

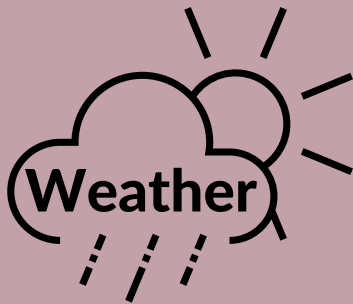
It will not be possible to cook food at the project venue, you can of course heat something.

Please note that use of alcohol on the project is forbidden!

Each team can bring max 2l of a typical alcoholic beverage from their country to share during the intercultural evening.



WEATHER AND WHAT TO BRING?



January is the coldest month of the year in the Czech Republic and temperature usually doesn't get much higher than 2°C during the day and at night it gets below -4°C. So don't forget to pack warm clothes, it might be necessary to wear thick layers when you'll go outside.

What to bring

Passport, original boarding passes/tickets

Comfortable clothes, rain jacket, winter coat

Cozy sweater and hoodie

Gloves and hat

Hygiene care, any medicine that you use or might need

Each national team is welcomed to bring food and drinks typical for their countries to share on the international evenings.



**For more information or any questions about the
project, do not hesitate to contact us on.**



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