October 19-26, 2025 SPAIN



Technical infopack: Second stage

SECOND STAGE OF AN INTERNATIONAL TRAINING COURSE PROMOTING GENDER IDENTITY THROUGH ART



What is the project about?

: An innovative journey that combines art and therapy to explore gender identity in a safe and creative space. Participants will be guided to develop an individual or collective art project, which will reflect their questions, experience and message towards gender norms and gender stereotypes

Why art?

: Art helps express what words sometimes cannot, fostering self-reflection and emotional well-being.

Who is the project for?

: Anyone interested in exploring their personal relatioship to gender through an artistic and inclusive experience.

What to expect?

: Guided workshops, the development of a personal creative project, open sharing, and a unique and creative journey of self-discovery.

Objectives

TO CREATE

a friendly and convenient environment for open dialogue

TO SHARE

good practices, ideas and experiences

TO GAIN AWARENESS

about the issues connected with Gender identity among the youth

TO EMPOWER

youth workers with a versatile toolkit that centers around the transformative potential of art

TO STIMULATE

the self-development process of the participants



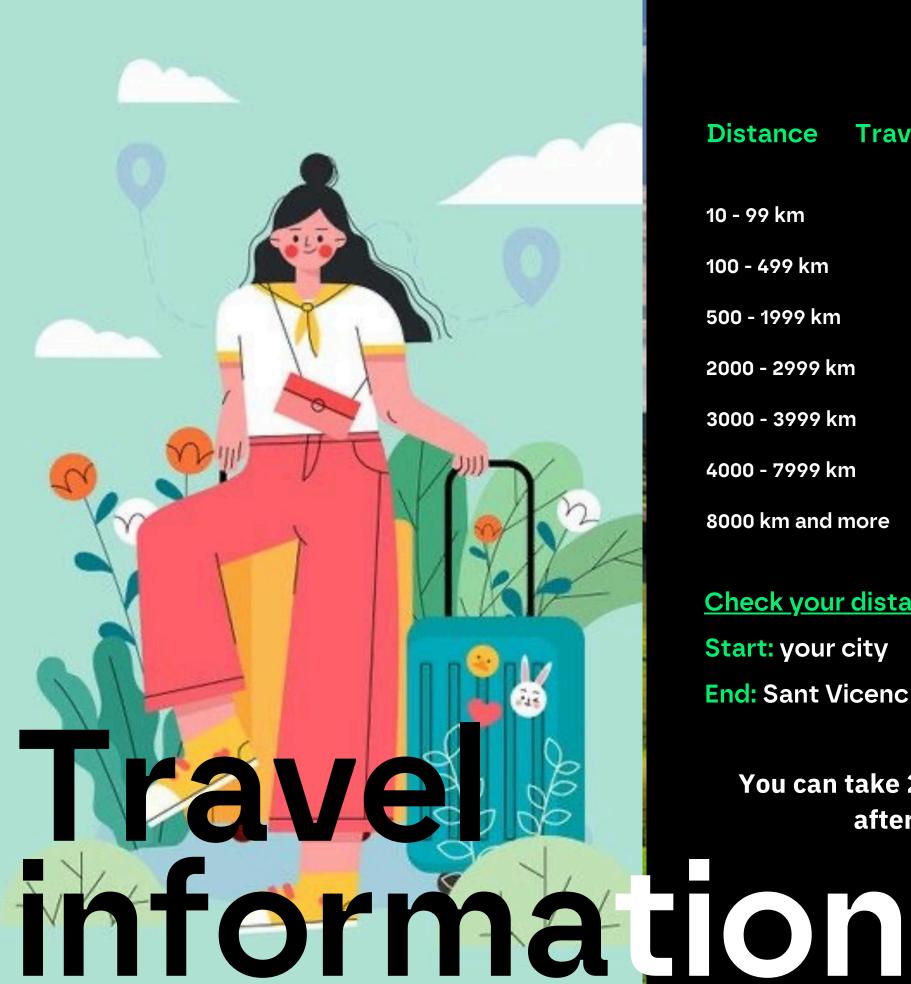
Don't worry about the basics!

We've got you covered with program, accommodation, transportation, and meals thanks to the Erasmus+ program.

Travel costs will be reimbursed for the most affordable and direct way to get to the project. Check out the travel budget chart for specific amounts.

JUST ONE THING TO KEEP IN **MIND: MAKE SURE YOU HAVE** TRAVEL HEALTH INSURANCE.

> Keep all your receipts, invoices and travel documents so we can reimburse you.



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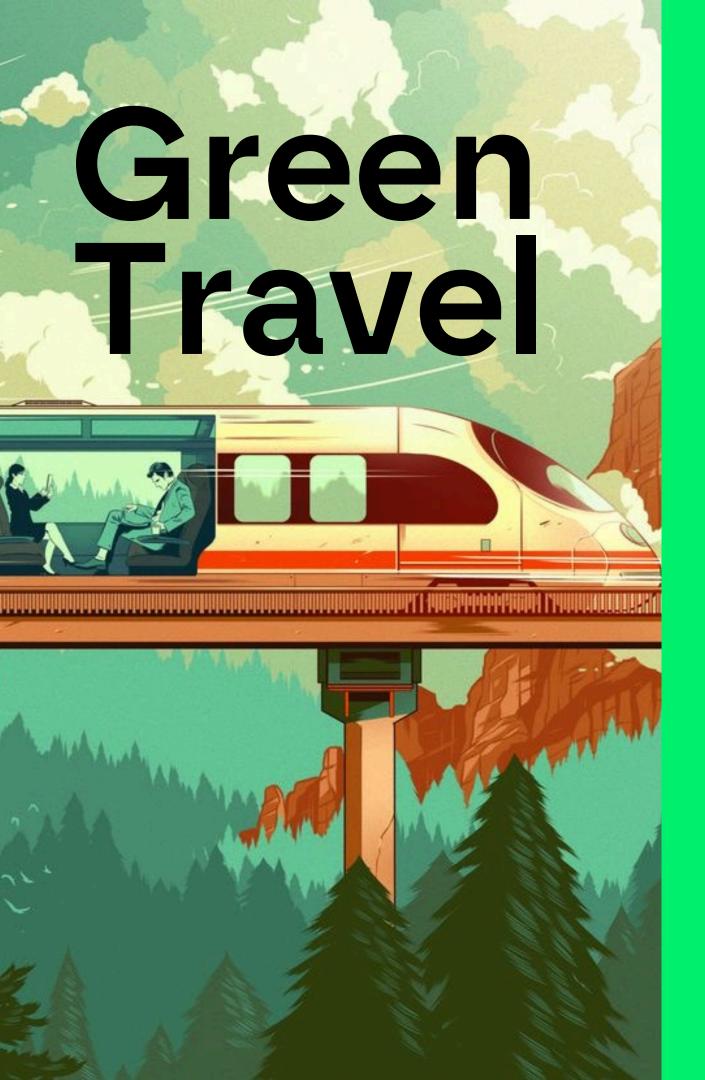
Distance	Travel budget	Green travel
10 - 99 km	28 €	28 €
100 - 499 km	180 €	255 €
500 - 1999 km	280 €	390 €
2000 - 2999 km	365 €	505 €
3000 - 3999 km	550 €	755 €
4000 - 7999 km	1150 €	1160 €
8000 km and m	ore 1705 €	1705 €

Check your distance on this website.

Start: your city

End: Sant Vicenc de Calders, Spain

You can take 2 extra days before or after the project.



Want to travel green and save some money?

The Erasmus+ program offers Green Travel Support for those who use eco-friendly transportation like:

carpooling,

BlaBlaCar,

buses,

or trains.

If you take these sustainable options for at least half of your trip, you'll have up to 4 extra travel days and a Green travel budget, please see the green travel budget.

Financial Contribution

Financial contribution of selected participants is 50 EUR for a stage. It will be paid on the stage in cash (EUR).



Meeting location & time

The meeting location will be at Hotel Comarruga Platja, Avenida Palfuriana, 115, Comarruga on October 19, 2025 between 5 and 8pm.

The closest airport is El Prat Barcelona

Your Journey from the airport:

- : If you land in terminal 1, there is a free bus shutle to terminal 2. Airport TERMINAL 2 to Barcelona Sans train station (Any train will take you there, it's 2 stops)
- : At Barcelona Sans change train to Saint Vicent's del Calders Line numbers R2 (standard) R14, R15 and R16 (express train). Trains run every 30 min and the journey takes 1-1,5 hours)
- : From Saint Vicent's del Calders station it's just a 15 minute walk to the hotel

Be aware last train from the airport is at 22:30pm. If you miss the last train you will have to find accomodation in Barcelona. Train time tables https://rodalies.gencat.cat/en/horaris/

We will be staying at Hotel Comarruga Platja Avenida Palfuriana, 115, Comarruga



Weather & What to bring

We recommend checking the weather forecast before your arrival.

In October the weather in Comarruga (Spain) will be warm as it's the beginning of the autumn. Temperatures are between 14°C to 18°C.

We encourage you to bring something warm for the nights.

: passport

original boarding passes/tickets

indoor slippers

towel

reusable water bottle

: comfortable clothes

: hygiene care, any medicine

that you use or might need

: please leave alcohol home

Everyone is welcomed to bring food and drinks typical for their countries to share with others!



The 2nd stage of the project will take place in Spain at Hotel Comarruga Platja.

All meals and transportation (international and local) are

For more info, visit: H<u>otel</u> <u>Comarruga Platja</u>

covered by the project.

Address: Hotel Comarruga Platja, Avenida Palfuriana, 115, Comarruga.



i genesis

Genesis is a Czech non-governmental organization with a long tradition and simple philosophy.

Genesis provides individual and group trainings. At Genesis, we support all efforts to learn because the more we experience, the better off we all become.

Our goal is to help individuals and companies to receive training that is not only great but also socially responsible. We believe that innovation in education helps employees, employers, and society as a whole to sustainably grow and develop.

TO KNOW IS TO GROW.



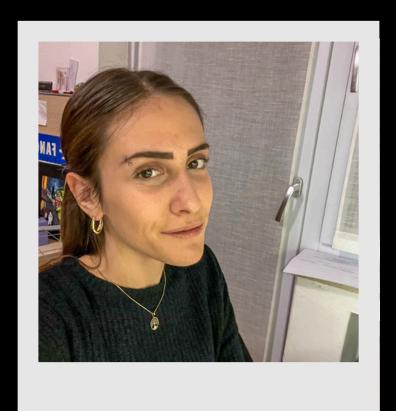




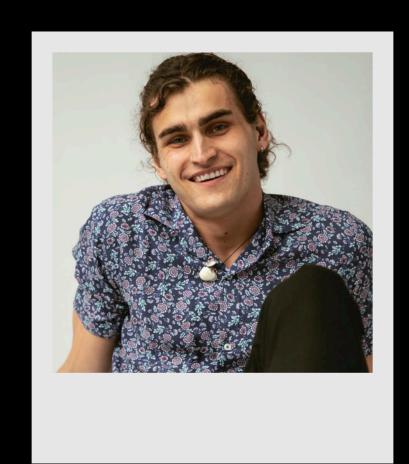
www.ngogenesis.com

Arte, Fatima, Georg, Marie, and Myrto met during the Erasmus+ project Human Rights Values, where they bonded over their shared commitment to social justice. Motivated by their experiences, they decided to create a project called Gender Identity Through Art, focused on addressing gender inequalities and exploring the complexities of gender identity. With the support of Genesis NGO, they began designing an initiative that uses art as a medium to challenge stereotypes, raise awareness, and create a safe space for dialogue around gender issues.

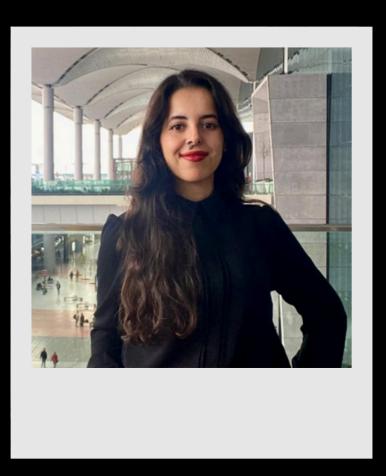




Artemisia is a history and literature teacher with a background in social and migration work. She has lived in different countries and is deeply passionate about creativity and gender studies. She loves to write both articles and short stories.



Fatima (Faty 20) specialized in International Management and Logistics with a passion for social work, fueled by experiences in multiple Erasmus+ projects. She oversees logistics in this project, ensuring smooth coordination and timely materials delivery. Committed to social impact, attends to support the team in achieving its goals artistically!

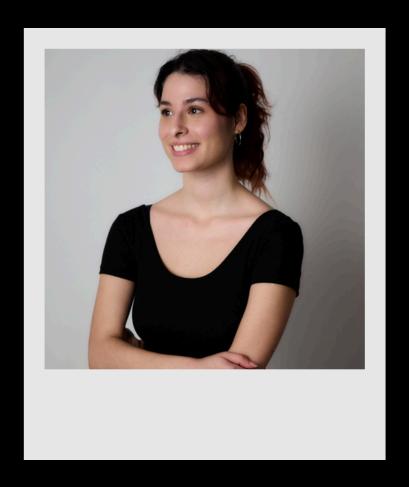


Georg is a fan of sports and self-expression. With a number of Erasmus+ projects behind his back, he wants to keep learning and sharing his experience with the others.



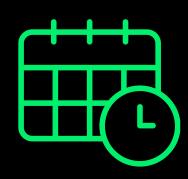
Marie is an educator and facilitator, believing in power of non-formal education. Passionate to improve the educational system, interested in psychology, conflict management and arts, particularly singing. Former ESC volunteer, having lived in several different countries can share her experience of immigration and integration.

Myrto is a passionate fine arts student dedicated to both creating and sharing art. With experience teaching diverse groups, including adults, children, and individuals with disabilities, she fosters creativity and self-expression in every setting. Through her volunteering, Myrto has contributed to making art accessible to all, believing in its transformative power for everyone.



Gender Identity Through Art Second stage: genesis

DEADLINES:



For application: 5.10.2025

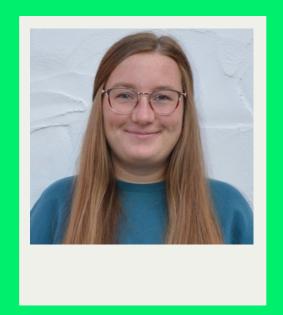
For purchasing tickets: 8.10.2025

Training Course

October 19-26, 2025 in Spain



Contact: g



Barbora Hanzíková

Project Coordinator

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www.ngogenesis.com



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